



Hi! I'm Mary Elizabeth!

Welcome to Little House in the County



Spring is Flirting, Flirt Back

The snow has melted, blooms are blooming, bulbs are bulb-ing. We did it, Ontario! We survived another winter. Growing up in Alabama, I never really had the opportunity to celebrate the arrival of our friend, Spring, quite like I do now.

With the arrival of warmer weather, I am offering Spring Sourdough Workshops. I find that my sourdough behaves a little nicer in a warmer kitchen. I have thrown out lots of flour, lots of rock loaves of bread, and cried over my mistakes for a long time. I've finally got a system that ALWAYS works! No freaking JOKE!

Sign up below if you're tired of throwing out your sourdough fails.

I'll see you in class Friends!



After a cold winter, a big move, a few hard chapters, and a lot of personal growth, I found myself exactly where I needed to be: in a little house, working part-time at a historic inn with wonderful friends, surrounded by dogs, backyard chickens, and my four crazy cats.

[Join me](#) in the County for:

- Slow living & seasonal rhythms
- Sourdough baking & cozy kitchen moments
- Life after change, healing, and starting over
- Country life, animals, and imperfect beauty
- Honest stories from a quieter, steadier life

This [space](#) is about second chances, soft landings, and choosing peace over noise.

Pull up a chair. You're always welcome at my kitchen table.

Maple is my co-author.

My No Fail Sourdough Routine



100 Years In A Jar

Meet my bubbly heirloom starter given to me as a housewarming present. This isn't just a starter; it's a love letter to , friendship and my claim to stability.

[Learn more](#)



Discard Bagels

I love these sourdough discard bagels and its a great way to avoid wasting all that beautiful sourdough discard I've been collecting. Let me know if you'd like a free copy of my [sourdough discard bagel recipe](#)?



Coming SOON:

No Fail Sourdough Workshop

Make bread with me from your own kitchen. This [workshop](#) includes step by step instructions along with the a shopping guide to make sure you have everything you need to succeed in the delicious world of sourdough.

\$25

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Little House In The County

Prince Edward County, Ontario

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